

(Support/ donation)

普及活動 Expansion of Activities

Since Kokoro Talk Music became an NPO on 25th December 2015, we have focused on developing and providing the following 3 main projects:


1. Mother's Help Music Project

In this project, music is used to create close bonds between mother and child when nursing and throughout childcare.

This therapy aims:

- to maintain the proper activation of female hormones
- to develop an understanding of nursing: of one's own child and others
- to provide a music therapy for life which can be shared within family and personal lives


We aim to provide this type of music therapy for all mothers.


	Music at our Studio
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2. Music Therapy Partner Project

This project focuses on developing partnerships with local music therapists and welfare institutions.

Through this project, we aim to create a network for female music therapists allowing each therapist the possibility to share their workload whilst maintaining their vision and career. We aim to provide customized training for music therapists in order to create the optimum situation for each facility the therapists work in and to improve the quality of life for all concerned parties.

	Music at our Partner Projects
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	<p>Training Music Therapists</p>
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3. My Song Town Project

Spreading music therapy through the 'My Song counseling' project.

This project employs the use of 'My Song Counseling'; a song the client enjoys is chosen (by the client or on behalf of the client) and through this song, the client's own, personal story is discovered.

	<p>'My Song Counseling'</p>
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2 hour 15 mins